

TEEN FIT

WEDNESDAYS

4pm–5pm

30th July – 24th September

Supervised gym-based training aimed for teens aged 12–15 years (must be turning 13 within the year).

The class is designed to kickstart their fitness journey, learn correct technique and improve knowledge in a safe, controlled environment.



**BOOKINGS
ESSENTIAL
6494 3100**

**Wednesday
9 Week Term Booking
\$122.40**

**Casual Visit
\$15.00**

Payment required prior to entry.

***Active Kids Vouchers Accepted**

***Fitness Passport Accepted**

