

# TEEN FIT

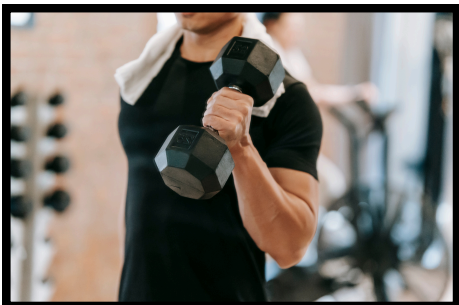
**WEDNESDAYS**

**4pm–5pm**

**30<sup>th</sup> July – 24<sup>th</sup> September**

**Supervised gym-based training aimed for teens aged 12–15 years (must be turning 13 within the year).**

**The class is designed to kickstart their fitness journey, learn correct technique and improve knowledge in a safe, controlled environment.**



**BOOKINGS  
ESSENTIAL**

**6494 3100**

**Wednesday  
9 Week Term Booking  
\$122.40**

**Casual Visit  
\$15.00**

**Payment required prior to entry.**

**\*Active Kids Vouchers Accepted**

**\*Fitness Passport Accepted**

